

THE SOUTH ATLANTIC CONFERENCE

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2008 CROSS COUNTRY REPORT - WEEK 6

LAST WEEK'S RESULTS

(Through meets competed on Sunday, September 14)

<u>TEAM</u>	<u>DATE</u>	<u>MEET</u>	<u>SITE</u>	<u>M</u>	<u>W</u>
Brevard	10/3	Lenoir-Rhyne Invitational	Newton, NC	5th of 7	DNS
Carson-Newman	10/4	Belmont Abbey Invitational	Belmont, NC	2nd of 7	2nd of 7
Catawba	10/3	Lenoir-Rhyne Invitational	Newton, NC	DNS	4th of 6
Lenoir-Rhyne	10/3	Lenoir-Rhyne Invitational	Newton, NC	3rd of 7	1st of 6
Mars Hill	10/4	Greater Louisville Classic	Louisville, KY	DNS	32nd of 32
Tusculum	10/3	Lenoir-Rhyne Invitational	Newton, NC	4th of 7	5th of 6
Wingate	10/4	Pre-National Meet	Slippery Rock, PA	9th of 22	19th of 29

TOP FINISHERS

<u>NAME</u>	<u>TEAM</u>	<u>DATE</u>	<u>MEET</u>	<u>FINISH</u>	<u>TIME</u>
Zach Hazen	Brevard	10/3	Lenoir-Rhyne Invitational	48th	30:33.91
Alycia Andrade	Brevard	10/3	Lenoir-Rhyne Invitational	3rd	19:43.59
Jonathan Madden	Carson-Newman	10/4	Belmont Abbey Invitational	6th	28:55.00
Aubrey Morris	Carson-Newman	10/4	Belmont Abbey Invitational	1st	18:30.00
Chris Haney	Catawba	10/3	Lenoir-Rhyne Invitational	19th	27:51.84
Olivia Jacobs	Catawba	10/3	Lenoir-Rhyne Invitational	2nd	19:31.18
Jake Maidens	Lenoir-Rhyne	10/3	Lenoir-Rhyne Invitational	3rd	26:32.83
Genna Eisenmann	Lenoir-Rhyne	10/3	Lenoir-Rhyne Invitational	1st	19:24.92
Aaron Wells	Mars Hill	10/4	Greater Louisville Classic	86th	27:54.66
Angela Woodward	Mars Hill	10/4	Greater Louisville Classic	183th	20:09.23 158
Simon Holzapfel	Tusculum	10/3	Lenoir-Rhyne Invitational	1st	26:20.05
Alicja Dembna	Tusculum	10/3	Lenoir-Rhyne Invitational	30th	21:37.25
Jayce Watson	Wingate	10/4	Pre-National Meet	13th	26:09
Amber Hines	Wingate	10/4	Pre-National Meet	63rd	24:29

RUNNER OF THE WEEK

**Carson-Newman's Morris, Tusculum's Holzapfel
named SAC Runners of the Week**



ROCK HILL, S.C. -- The "Volunteer State" of Tennessee swept the South Atlantic Conference Runner of the Week Awards for week six, as Tusculum's Simon Holzapfel and Carson-Newman's Aubrey Morris received the award for their stellar performances this past weekend.

Tusculum's Holzapfel (Nuremberg, Germany) finished first at the 2008 Lenoir-Rhyne Cross Country Invitational in Hickory, N.C. on Friday afternoon. The sophomore established a new school record time of 26:20.05 on the 8K course. It was Holzapfel's third individual title win this season and fifth of his young career.

This is the first time that Holzapfel has received the honor of Male SAC Runner of the Week.

Carson-Newman senior Aubrey Morris (Chattanooga, Tenn.) won for the fifth time this season, running the course in 18:30 to win the Belmont Abbey Invitational by twenty seconds. Morris helped the Lady Eagles finish second overall out of seven teams. Morris beat runners from St. Andrews, Converse, Belmont-Abbey, Pfeiffer, and Barton.

Morris has been named the Female SAC Runner of the Week four times thus far in 2008, with this being the second consecutive week in which she has received the honor. This is the second time this year in which Morris has been named SAC Runner of the Week in back-to-back weeks.

The SAC Runner of the Week is determined by a vote of the sports information directors of the league.

2008 SAC RUNNERS OF THE WEEK

<u>DATE</u>	<u>PLAYER</u>	<u>SCHOOL</u>
9/2	Jayce Watson	Wingate
	Aubrey Morris	C-N
9/8	Jayce Watson	Wingate
	Aubrey Morris	C-N
9/15	Jayce Watson	Wingate
	Gennilee Eisenmann	L-R
9/22	Chris Haney	Catawba
	Olivia Jacobs	Catawba
9/29	Jayce Watson	Wingate
	Aubrey Morris	C-N
10/6	Simon Holzapfel	Tusculum
	Aubrey Morris	C-N

The 2008 South Atlantic Conference Cross Country Report is provided for use in print and broadcast by media in North Carolina, South Carolina, and Tennessee throughout the season. Any additional information can be reached by contacting the SAC office or a SAC member school sports information office.

Food Lion is the title sponsor for all South Atlantic Conference championships.



2008 SAC MEN'S CROSS COUNTRY RESULTS

Brevard

		Results
9/6	Eye Opener, Spartanburg, S.C.	20th of 22
9/13	DuPont Challenge, Brevard, N.C.	2nd of 2
9/27	Greensboro Invitational, Greensboro, N.C.	8th of 11
10/3	Lenoir-Rhyne Invitational, Hickory, N.C.	5th of 7
10/16	Wingate Invitational, Wingate, N.C.	
10/27	Food Lion SAC Championships, Irmo, S.C.	
11/8	D2 Southeast Regional, Wingate, N.C.	

Carson-Newman

		Results
8/30	Tusculum Invitational, Greeneville, TN	3rd of 5
9/6	Eye Opener, Spartanburg, SC	14th of 22
9/20	Fleet Feet Sports Invitational, Huntsville, AL	9th of 10
9/27	The Citadel Invitational, Charleston, SC	9th of 11
10/4	Belmont Abbey Invitational, Belmont, NC	
10/25	Food Lion SAC Championship, Irmo, SC	

Catawba

		Results
8/29	Gamecock Invitational, Columbia, SC	DNS
9/6	Eye Opener, Spartanburg, SC	19th of 22
9/13	Wingate Invitational, Wingate, NC	DNS
9/20	Limestone Invitational, Gaffney, SC	5th of 8
10/3	Lenoir-Rhyne Invitational, Hickory, NC	DNS
10/16	Wingate Invitational, Wingate, NC	
10/25	Food Lion SAC Championships, Irmo, SC	
11/8	NCAA DII Regional Meet, Wingate, NC	

Lenoir-Rhyne

		Results
9/6	Eye Opener Invitational, Spartanburg, S.C.	8th of 22
9/13	Bojangles' Invitational, Charlotte, N.C.	8th of 9
9/27	The Citadel Invitational, Charleston, S.C.	5th of 11
10/3	Lenoir-Rhyne Invitational, Newton, N.C.	3rd of 7
10/17	Blue Ridge Mountain Open, Boone, N.C.	
10/25	Food Lion SAC Championships, Irmo, S.C.	
11/8	NCAA Division II Southeast Regionals, Wingate, N.C.	

Lincoln Memorial

		Results
8/30	Tusculum Invitational, Greeneville, TN	DNS
9/6	Sewanee Invitational, Sewanee, TN	DNS
9/20	Fleet Feet / Earl Jacoby Invitational, Huntsville, AL	6th of 10
9/27	The Citadel Invitational, Charleston, SC	DNS
10/18	UE Invitational, Evansville, IN	
10/25	Food Lion SAC Championship, Irmo, SC	

Mars Hill

		Results
8/29	Covered Bridge Open, Boone, NC	7th of 12
9/6	Eye Opener, Spartanburg, SC	1st of 22
9/13	NCAA D-II S.E. Pre-Region, Wingate, NC	2nd of 12
10/4	Greater Louisville Classic, Louisville, KY	DNS
10/17	Blue Ridge Open, Boone, NC	
10/25	Food Lion SAC Championships, Irmo, SC	
11/8	NCAA DII Southeast Region, Wingate, NC	

Newberry

		Results
8/29	Western Carolina Invitational, Cullowhee, N.C.	5th of 6
9/6	Eye Opener Invitational, Spartanburg	16th of 22
9/13	Wingate Invitational, Wingate, N.C.	DNS
9/20	Limestone Invitational, Gaffney	6th of 8
9/27	Augusta State Invitational, Augusta, Ga.	
10/11	Erskine Invitational, Due West, SC	
10/25	Food Lion SAC Championship, Irmo, SC	

Tusculum

		Results
8/30	Tusculum Invitational, Greeneville, TN	4th of 5
9/6	Eye Opener Invitational, Spartanburg, SC	13th of 22
10/3	Lenoir-Rhyne Invitational, Hickory, NC	4th of 7
10/18	Blue Ridge Open, Boone, NC	
10/25	Food Lion SAC Championship	
11/8	NCAA II Southeast Regional, Wingate, NC	

Wingate

		Results
8/29	Wake Forest Relays, Winston-Salem, NC	4th of 5
9/6	Eye Opener Invitational, Spartanburg, S.C.	3rd of 22
9/13	Wingate Invitational, Wingate, NC	3rd of 12
9/27	Greensboro Cross Country Invitational, Greensboro, NC	1st of 11
10/4	NCAA Division II Pre-National Meet, Slippery Rock, Pa.	9th of 22
10/11	Anderson Invitational, Anderson, S.C.	
10/16	Wingate Pre-Conference Invitational	
10/25	Food Lion SAC Championship, Irmo, S.C.	
11/8	NCAA Division II Southeast Regional, Wingate, NC	

United States Track and Field
Cross Country Coaches As-
sociation (USTFCCCA).

Men's Poll

- | | |
|-----------------------------|-----------------------------|
| 1. Abilene Christian | 11. Edinboro |
| 2. Adams State | 12. Southern Indiana |
| 3. Harding | 13. Missouri Southern State |
| 4. Chico State | 14. Stonehill |
| 5. Western State | 15. Western Washington |
| 6. Colorado School of Mines | 16. Ashland |
| 7. Alaska Anchorage | 17. Drury |
| 8. Queens | 18. Central Missouri |
| 9. UMass Lowell | 19. Pittsburg State |
| 10. Grand Valley State | 20. Minnesota State |
| | 21. Lock Haven |
| | 22. Southwest Baptist |
| | 23. Southern Connecticut |
| | 24. Augustana (SD) |
| | 25. Metro State |

2008 SAC WOMEN'S CROSS COUNTRY RESULTS

Brevard

		Results
9/6	Eye Opener, Spartanburg, S.C.	18th of 25
9/13	DuPont Challenge, Brevard, N.C.	2nd of 2
9/27	Greensboro Invitational, Greensboro, N.C.	7th of 12
10/3	Lenoir-Rhyne Invitational, Hickory, N.C.	DNS
10/16	Wingate Invitational, Wingate, N.C.	
10/27	Food Lion SAC Championships, Irmo, S.C.	
11/8	D2 Southeast Regional, Wingate, N.C.	

Carson-Newman

		Results
8/30	Tusculum Invitational, Greeneville, TN	1st of 4
9/6	Eye Opener, Spartanburg, SC	4th of 25
9/20	Fleet Feet Sports Invitational, Huntsville, AL	5th of 12
9/27	The Citadel Invitational, Charleston, SC	7th of 14
10/4	Belmont Abbey Invitational, Belmont, NC	2nd of 7
10/25	Food Lion SAC Championship, Irmo, SC	

Catawba

		Results
8/29	Gamecock Invitational, Columbia, SC	2nd of 6
9/6	Eye Opener, Spartanburg, SC	7th of 25
9/13	Wingate Invitational, Wingate, NC	7th of 16
9/20	Limestone Invitational, Gaffney, SC	2nd of 9
10/3	Lenoir-Rhyne Invitational, Hickory, NC	4th of 6
10/16	Wingate Invitational, Wingate, NC	
10/25	Food Lion SAC Championships, Irmo, SC	
11/8	NCAA DII Regional Meet, Wingate, NC	

Lenoir-Rhyne

		Results
9/6	Eye Opener Invitational, Spartanburg, S.C.	1st of 25
9/13	Bojangles' Invitational, Charlotte, N.C.	5th of 9
9/27	The Citadel Invitational, Charleston, S.C.	4th of 14
10/3	Lenoir-Rhyne Invitational, Newton, N.C.	1st of 6
10/17	Blue Ridge Mountain Open, Boone, N.C.	
10/25	Food Lion SAC Championships, Irmo, S.C.	
11/8	NCAA Division II Southeast Regionals, Wingate, N.C.	

Lincoln Memorial

		Results
9/6	Sewanee Invitational, Sewanee, TN	
9/20	Fleet Feet / Earl Jacoby Invitational, Huntsville, AL	DNS
9/27	Citadel Invitational, Charleston, SC	DNS
10/18	UE Invitational, Evansville, IN	
10/25	Food Lion SAC Championship, Irmo, SC	

Mars Hill

		Results
8/29	Covered Bridge Open, Boone, NC	9th of 11
9/6	Eye Opener, Spartanburg, SC	8th of 25
9/13	Wingate Invitational, Wingate, NC	5th of 16
10/4	Greater Louisville Classic, Louisville, KY	32nd of 32
10/17	Blue Ridge Open, Boone, NC	
10/25	Food Lion SAC Championships, Irmo, SC	
11/8	NCAA DII Southeast Region, Wingate, NC	

Newberry

		Results
9/1	Connie Maxwell, Greenwood, SC	5th of 6
9/6	Eye Opener Invitational, Spartanburg, SC	20th of 25
9/15	Wingate Invitational, Wingate, NC	15th of 16
9/22	Limestone Invitational, Gaffney, SC	DNS
9/27	Augusta State Invitational, Augusta, Ga.	7th of 9
10/11	Erskine Invitational, Due West, SC	
10/20	Food Lion SAC Championships, Salisbury, NC	
11/3	NCAA II Regionals, Wingate, NC	
11/17	NCAA Championship, Joplin, MO	

Tusculum

		Results
8/30	Tusculum Invitational, Greeneville, TN	4th of 4
9/6	Eye Opener Invitational, Spartanburg, SC	19th of 25
9/27	The Citadel Invitational, Charleston, SC	13th of 13
10/3	Lenoir-Rhyne Invitational, Hickory, NC	5th of 6
10/18	Blue Ridge Open, Boone, NC	
10/25	Food Lion SAC Championship	
11/8	NCAA II Southeast Regional, Wingate, NC	

Wingate

		Results
8/29	Wake Forest Relays, Winston-Salem, NC	4th of 5
9/6	Eye Opener Invitational, Spartanburg, S.C.	3rd of 25
9/13	Wingate Invitational, Wingate, NC	2nd of 16
9/27	Greensboro Cross Country Invitational, Greensboro, NC	2nd of 12
10/4	NCAA Division II Pre-National Meet, Slippery Rock, Pa.	19th of 29
10/11	Anderson Invitational, Anderson, S.C.	
10/16	Wingate Pre-Conference Invitational	
10/25	Food Lion SAC Championship, Irmo, S.C.	
11/8	NCAA Division II Southeast Regional, Wingate, NC	

United States Track and Field
Cross Country Coaches As-
sociation (USTFCCCA).

Women's Poll

- Adams State
- Grand Valley State
- Augustana (SD)
- Chico State
- Western State
- Cal State Los Angeles
- Tampa
- Missouri Southern State
- Harding
- Seattle Pacific
- Southern Indiana
- Shippensburg
- Alabama Huntsville
- UC San Diego
- Alaska Anchorage
- Findlay
- Colorado-Colorado Springs
- Bloomsburg
- Kutztown
- Dallas Baptist
- Pittsburg State
- Western Washington
- Wisconsin-Parkside
- Central Missouri
- Midwestern State
- Slippery Rock