

THE SOUTH ATLANTIC CONFERENCE

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2008 CROSS COUNTRY REPORT - WEEK 7

LAST WEEK'S RESULTS

(Through meets competed on Sunday, September 14)

<u>TEAM</u>	<u>DATE</u>	<u>MEET</u>	<u>SITE</u>	<u>M</u>	<u>W</u>
Carson-Newman	10/11	Anderson Invitational	Anderson, SC		DNS
Newberry	10/11	Anderson Invitational	Anderson, SC	DNS	10th of 11
Wingate	10/11	Anderson Invitational	Anderson, SC	2nd of 6	2nd of 11

TOP FINISHERS

<u>NAME</u>	<u>TEAM</u>	<u>DATE</u>	<u>MEET</u>	<u>FINISH</u>	<u>TIME</u>
Tiffany Winchell	Carson-Newman	10/11	Anderson Invitational	23rd	21:10.4
Brad House	Newberry	10/11	Anderson Invitational	27th	29:48.6
Heather Warren	Newberry	10/11	Anderson Invitational	37th	22:07.1
Jayce Watson	Wingate	10/11	Anderson Invitational	2nd	26:05.3
Amber Hines	Wingate	10/11	Anderson Invitational	8th	20:09



RUNNER OF THE WEEK

**Wingate's Watson, Hines
named SAC Runners of the Week**



ROCK HILL, S.C. -- Wingate's Jayce Watson and Amber Hines swept the South Atlantic Conference Runners of the Week awards announced today. This week's award is Watson's fifth runner of the week honor this season, while it is Hines first runner of the week honor of 2008.

Wingate senior Jayce Watson (Millersport, Ohio) led the Bulldogs at the Anderson (S.C.) Invitational Saturday. Watson, the 2007 SAC Runner of the Year and 2005 SAC Freshman Runner of the Year, ran a 26:05 in the 8K race, placing second to Mitch Cooper of St. Andrews Presbyterian (25:55). Seven teams and 49 individuals participated in the event.

The Wingate men placed second on the team charts. Clayton State won the team title with 45 points; the Bulldogs were next with 58 markers.

Hines (Little Mountain, S.C.) led the Bulldogs at the Anderson (S.C.) Invitational Saturday. The Wingate senior, the 2006 SAC Runner of the Year, ran a 20:09 in the 5K event, charting at the number eight position in the race. Eleven teams and 72 individuals participated in the event.

The Wingate women placed second on the team charts. Augusta State won the team title with 48 points; the Bulldogs were next with 87 points.

The SAC Runner of the Week is determined by a vote of the sports information directors of the league.

2008 SAC RUNNERS OF THE WEEK

<u>DATE</u>	<u>PLAYER</u>	<u>SCHOOL</u>
9/2	Jayce Watson	Wingate
	Aubrey Morris	C-N
9/8	Jayce Watson	Wingate
	Aubrey Morris	C-N
9/15	Jayce Watson	Wingate
	Gennilee Eisenmann	L-R
9/22	Chris Haney	Catawba
	Olivia Jacobs	Catawba
9/29	Jayce Watson	Wingate
	Aubrey Morris	C-N
10/6	Simon Holzapfel	Tusculum
	Aubrey Morris	C-N
10/13	Jayce Watson	Wingate
	Amber Hines	Wingate



The 2008 South Atlantic Conference Cross Country Report is provided for use in print and broadcast by media in North Carolina, South Carolina, and Tennessee throughout the season. Any additional information can be reached by contacting the SAC office or a SAC member school sports information office.

Food Lion is the title sponsor for all South Atlantic Conference championships.

2008 SAC MEN'S CROSS COUNTRY RESULTS

Brevard

		Results
9/6	Eye Opener, Spartanburg, S.C.	20th of 22
9/13	DuPont Challenge, Brevard, N.C.	2nd of 2
9/27	Greensboro Invitational, Greensboro, N.C.	8th of 11
10/3	Lenoir-Rhyne Invitational, Hickory, N.C.	5th of 7
10/16	Wingate Invitational, Wingate, N.C.	
10/27	Food Lion SAC Championships, Irmo, S.C.	
11/8	D2 Southeast Regional, Wingate, N.C.	

Carson-Newman

		Results
8/30	Tusculum Invitational, Greeneville, TN	3rd of 5
9/6	Eye Opener, Spartanburg, SC	14th of 22
9/20	Fleet Feet Sports Invitational, Huntsville, AL	9th of 10
9/27	The Citadel Invitational, Charleston, SC	9th of 11
10/4	Belmont Abbey Invitational, Belmont, NC	
10/25	Food Lion SAC Championship, Irmo, SC	

Catawba

		Results
8/29	Gamecock Invitational, Columbia, SC	DNS
9/6	Eye Opener, Spartanburg, SC	19th of 22
9/13	Wingate Invitational, Wingate, NC	DNS
9/20	Limestone Invitational, Gaffney, SC	5th of 8
10/3	Lenoir-Rhyne Invitational, Hickory, NC	DNS
10/16	Wingate Invitational, Wingate, NC	
10/25	Food Lion SAC Championships, Irmo, SC	
11/8	NCAA DII Regional Meet, Wingate, NC	

Lenoir-Rhyne

		Results
9/6	Eye Opener Invitational, Spartanburg, S.C.	8th of 22
9/13	Bojangles' Invitational, Charlotte, N.C.	8th of 9
9/27	The Citadel Invitational, Charleston, S.C.	5th of 11
10/3	Lenoir-Rhyne Invitational, Newton, N.C.	3rd of 7
10/17	Blue Ridge Mountain Open, Boone, N.C.	
10/25	Food Lion SAC Championships, Irmo, S.C.	
11/8	NCAA Division II Southeast Regionals, Wingate, N.C.	

Lincoln Memorial

		Results
8/30	Tusculum Invitational, Greeneville, TN	DNS
9/6	Sewanee Invitational, Sewanee, TN	DNS
9/20	Fleet Feet / Earl Jacoby Invitational, Huntsville, AL	6th of 10
9/27	The Citadel Invitational, Charleston, SC	DNS
10/18	UE Invitational, Evansville, IN	
10/25	Food Lion SAC Championship, Irmo, SC	

Mars Hill

		Results
8/29	Covered Bridge Open, Boone, NC	7th of 12
9/6	Eye Opener, Spartanburg, SC	1st of 22
9/13	NCAA D-II S.E. Pre-Region, Wingate, NC	2nd of 12
10/4	Greater Louisville Classic, Louisville, KY	DNS
10/17	Blue Ridge Open, Boone, NC	
10/25	Food Lion SAC Championships, Irmo, SC	
11/8	NCAA DII Southeast Region, Wingate, NC	

Newberry

		Results
8/29	Western Carolina Invitational, Cullowhee, N.C.	5th of 6
9/6	Eye Opener Invitational, Spartanburg	16th of 22
9/13	Wingate Invitational, Wingate, N.C.	DNS
9/20	Limestone Invitational, Gaffney	6th of 8
9/27	Augusta State Invitational, Augusta, Ga.	
10/11	Anderson Invitational, Anderson, SC	DNS
10/25	Food Lion SAC Championship, Irmo, SC	

Tusculum

		Results
8/30	Tusculum Invitational, Greeneville, TN	4th of 5
9/6	Eye Opener Invitational, Spartanburg, SC	13th of 22
10/3	Lenoir-Rhyne Invitational, Hickory, NC	4th of 7
10/18	Blue Ridge Open, Boone, NC	
10/25	Food Lion SAC Championship	
11/8	NCAA II Southeast Regional, Wingate, NC	

Wingate

		Results
8/29	Wake Forest Relays, Winston-Salem, NC	4th of 5
9/6	Eye Opener Invitational, Spartanburg, S.C.	3rd of 22
9/13	Wingate Invitational, Wingate, NC	3rd of 12
9/27	Greensboro Cross Country Invitational, Greensboro, NC	1st of 11
10/4	NCAA Division II Pre-National Meet, Slippery Rock, Pa.	9th of 22
10/11	Anderson Invitational, Anderson, S.C.	2nd of 6
10/16	Wingate Pre-Conference Invitational	
10/25	Food Lion SAC Championship, Irmo, S.C.	
11/8	NCAA Division II Southeast Regional, Wingate, NC	

United States Track and Field
Cross Country Coaches As-
sociation (USTFCCCA).

Men's Poll

- | | |
|-----------------------------|-----------------------------|
| 1. Adams State | 11. Edinboro |
| 2. Abilene Christian | 12. Southern Indiana |
| 3. Harding | 13. Stonehill |
| 4. Chico State | 14. Western Washington |
| 5. Western State | 15. Missouri Southern State |
| 6. Colorado School of Mines | 16. Ashland |
| 7. Alaska Anchorage | 17. Northern Kentucky |
| 8. Queens (NC) | 18. Drury |
| 9. UMass Lowell | 19. UC San Diego |
| 10. Grand Valley State | 20. Pittsburg State |
| | 21. Minnesota State |
| | 22. Southwest Baptist |
| | 23. Southern Connecticut |
| | 24. East Central |
| | 25. Lock Haven |

2008 SAC WOMEN'S CROSS COUNTRY RESULTS

Brevard

Results

9/6	Eye Opener, Spartanburg, S.C.	18th of 25
9/13	DuPont Challenge, Brevard, N.C.	2nd of 2
9/27	Greensboro Invitational, Greensboro, N.C.	7th of 12
10/3	Lenoir-Rhyne Invitational, Hickory, N.C.	DNS
10/16	Wingate Invitational, Wingate, N.C.	
10/27	Food Lion SAC Championships, Irmo, S.C.	
11/8	D2 Southeast Regional, Wingate, N.C.	

Carson-Newman

Results

8/30	Tusculum Invitational, Greeneville, TN	1st of 4
9/6	Eye Opener, Spartanburg, SC	4th of 25
9/20	Fleet Feet Sports Invitational, Huntsville, AL	5th of 12
9/27	The Citadel Invitational, Charleston, SC	7th of 14
10/4	Belmont Abbey Invitational, Belmont, NC	2nd of 7
10/11	Anderson Invitational, Anderson, SC	DNS
10/25	Food Lion SAC Championship, Irmo, SC	

Catawba

Results

8/29	Gamecock Invitational, Columbia, SC	2nd of 6
9/6	Eye Opener, Spartanburg, SC	7th of 25
9/13	Wingate Invitational, Wingate, NC	7th of 16
9/20	Limestone Invitational, Gaffney, SC	2nd of 9
10/3	Lenoir-Rhyne Invitational, Hickory, NC	4th of 6
10/16	Wingate Invitational, Wingate, NC	
10/25	Food Lion SAC Championships, Irmo, SC	
11/8	NCAA DII Regional Meet, Wingate, NC	

Lenoir-Rhyne

Results

9/6	Eye Opener Invitational, Spartanburg, S.C.	1st of 25
9/13	Bojangles' Invitational, Charlotte, N.C.	5th of 9
9/27	The Citadel Invitational, Charleston, S.C.	4th of 14
10/3	Lenoir-Rhyne Invitational, Newton, N.C.	1st of 6
10/17	Blue Ridge Mountain Open, Boone, N.C.	
10/25	Food Lion SAC Championships, Irmo, S.C.	
11/8	NCAA Division II Southeast Regionals, Wingate, N.C.	

Lincoln Memorial

Results

9/6	Sewanee Invitational, Sewanee, TN	
9/20	Fleet Feet / Earl Jacoby Invitational, Huntsville, AL	DNS
9/27	Citadel Invitational, Charleston, SC	DNS
10/18	UE Invitational, Evansville, IN	
10/25	Food Lion SAC Championship, Irmo, SC	

Mars Hill

Results

8/29	Covered Bridge Open, Boone, NC	9th of 11
9/6	Eye Opener, Spartanburg, SC	8th of 25
9/13	Wingate Invitational, Wingate, NC	5th of 16
10/4	Greater Louisville Classic, Louisville, KY	32nd of 32
10/17	Blue Ridge Open, Boone, NC	
10/25	Food Lion SAC Championships, Irmo, SC	
11/8	NCAA DII Southeast Region, Wingate, NC	

Newberry

Results

9/1	Connie Maxwell, Greenwood, SC	5th of 6
9/6	Eye Opener Invitational, Spartanburg, SC	20th of 25
9/15	Wingate Invitational, Wingate, NC	15th of 16
9/22	Limestone Invitational, Gaffney, SC	DNS
9/27	Augusta State Invitational, Augusta, Ga.	7th of 9
10/11	Anderson Invitational, Anderson, SC	10th of 11
10/20	Food Lion SAC Championships, Salisbury, NC	
11/3	NCAA II Regionals, Wingate, NC	
11/17	NCAA Championship, Joplin, MO	

Tusculum

Results

8/30	Tusculum Invitational, Greeneville, TN	4th of 4
9/6	Eye Opener Invitational, Spartanburg, SC	19th of 25
9/27	The Citadel Invitational, Charleston, SC	13th of 13
10/3	Lenoir-Rhyne Invitational, Hickory, NC	5th of 6
10/18	Blue Ridge Open, Boone, NC	
10/25	Food Lion SAC Championship	
11/8	NCAA II Southeast Regional, Wingate, NC	

Wingate

Results

8/29	Wake Forest Relays, Winston-Salem, NC	4th of 5
9/6	Eye Opener Invitational, Spartanburg, S.C.	3rd of 25
9/13	Wingate Invitational, Wingate, NC	2nd of 16
9/27	Greensboro Cross Country Invitational, Greensboro, NC	2nd of 12
10/4	NCAA Division II Pre-National Meet, Slippery Rock, Pa.	19th of 29
10/11	Anderson Invitational, Anderson, S.C.	2nd of 11
10/16	Wingate Pre-Conference Invitational	
10/25	Food Lion SAC Championship, Irmo, S.C.	
11/8	NCAA Division II Southeast Regional, Wingate, NC	

United States Track and Field
Cross Country Coaches As-
sociation (USTFCCCA).

Women's Poll

- Adams State
- Grand Valley State
- Augustana (SD)
- Chico State
- Western State
- Shippensburg
- Southern Indiana
- Tampa
- Missouri Southern State
- Harding

- Findlay
- Edinboro
- Kutztown
- Slippery Rock
- Minnesota-Duluth
- Cal State Los Angeles
- Seattle Pacific
- Wisconsin-Parkside
- Mesa State
- UC San Diego
- Dallas Baptist
- Alaska Anchorage
- Alabama Huntsville
- Pittsburg State
- Indiana University (PA)