

THE SOUTH ATLANTIC CONFERENCE

226 North Park Drive, Gateway Plaza, Suite 130, Rock Hill, SC 29730
PH (803) 981-5240, FAX (803) 981-9444 www.thesac.com
Contact: Dennis Switzer E-mail dennis@thesac.com

2008 CROSS COUNTRY REPORT - WEEK 8



LAST WEEK'S RESULTS

(Through meets competed on Sunday, September 14)

<u>TEAM</u>	<u>DATE</u>	<u>MEET</u>	<u>SITE</u>	<u>M</u>	<u>W</u>
Brevard	10/17	Wingate Invitational	Wingate, NC	5th of 5	DNS
Catawba	10/17	Wingate Invitational	Wingate, NC	DNS	2nd of 6
Lenoir-Rhyne	10/17	Blue Ridge Open	Boone, NC	24th of 26	17th of 26
Lincoln Memorial U.	10/18	UE Invitational	Evansville, IN	17th of 22	DNS
Mars Hill	10/17	Blue Ridge Open	Boone, NC	12th of 26	DNS
Tusculum	10/18	Winthrop Invitational	Rock Hill, SC	5th of 8	6th of 6
Wingate	10/17	Wingate Invitational	Wingate, NC	1st of 5	1st of 6

TOP FINISHERS

<u>NAME</u>	<u>TEAM</u>	<u>DATE</u>	<u>MEET</u>	<u>FINISH</u>	<u>TIME</u>
Damon Martin	Brevard	10/17	Wingate Invitational	20th	18:40
Alycia Andrade	Brevard	10/17	Wingate Invitational	1st	20:07
Chris Haney	Catawba	10/17	Wingate Invitational	10th	17:30
Jacque Thompson	Catawba	10/17	Wingate Invitational	5th	21:22
Jake Maidens	Lenoir-Rhyne	10/17	Blue Ridge Open	69th	26:46
Gennilee Eisenmann	Lenoir-Rhyne	10/17	Blue Ridge Open	40th	19:22
Mark Paulson	Lincoln Memorial	10/18	UE Invitational	48th	26:10.94
Sofia Lopez Mimendi	Lincoln Memorial	10/18	UE Invitational	153rd	21:45.41
Justin Baker	Mars Hill	10/17	Blue Ridge Open	62nd	26:41
Angela Woodward	Mars Hill	10/17	Blue Ridge Open	132nd	20:28
Simon Holzapfel	Tusculum	10/18	Winthrop Invitational	10th	19:40
Alicja Dembna	Tusculum	10/18	Winthrop Invitational	29th	16:55
Jayce Watson	Wingate	10/17	Wingate Invitational	1st	15:50.3
Amber Hines	Wingate	10/17	Wingate Invitational	3rd	20:37

 <h3 style="margin: 0;">RUNNER OF THE WEEK</h3> <p style="margin: 0;">Wingate's Watson, Brevard's Andrade named SAC Runners of the Week</p>		<h3 style="margin: 0;">2008 SAC RUNNERS OF THE WEEK</h3> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th><u>DATE</u></th> <th><u>PLAYER</u></th> <th><u>SCHOOL</u></th> </tr> </thead> <tbody> <tr> <td>9/2</td> <td>Jayce Watson</td> <td>Wingate</td> </tr> <tr> <td></td> <td>Aubrey Morris</td> <td>C-N</td> </tr> <tr> <td>9/8</td> <td>Jayce Watson</td> <td>Wingate</td> </tr> <tr> <td></td> <td>Aubrey Morris</td> <td>C-N</td> </tr> <tr> <td>9/15</td> <td>Jayce Watson</td> <td>Wingate</td> </tr> <tr> <td></td> <td>Gennilee Eisenmann</td> <td>L-R</td> </tr> <tr> <td>9/22</td> <td>Chris Haney</td> <td>Catawba</td> </tr> <tr> <td></td> <td>Olivia Jacobs</td> <td>Catawba</td> </tr> <tr> <td>9/29</td> <td>Jayce Watson</td> <td>Wingate</td> </tr> <tr> <td></td> <td>Aubrey Morris</td> <td>C-N</td> </tr> <tr> <td>10/6</td> <td>Simon Holzapfel</td> <td>Tusculum</td> </tr> <tr> <td></td> <td>Aubrey Morris</td> <td>C-N</td> </tr> <tr> <td>10/13</td> <td>Jayce Watson</td> <td>Wingate</td> </tr> <tr> <td></td> <td>Amber Hines</td> <td>Wingate</td> </tr> <tr> <td>10/20</td> <td>Jayce Watson</td> <td>Wingate</td> </tr> <tr> <td></td> <td>Alycia Andrade</td> <td>Brevard</td> </tr> </tbody> </table>	<u>DATE</u>	<u>PLAYER</u>	<u>SCHOOL</u>	9/2	Jayce Watson	Wingate		Aubrey Morris	C-N	9/8	Jayce Watson	Wingate		Aubrey Morris	C-N	9/15	Jayce Watson	Wingate		Gennilee Eisenmann	L-R	9/22	Chris Haney	Catawba		Olivia Jacobs	Catawba	9/29	Jayce Watson	Wingate		Aubrey Morris	C-N	10/6	Simon Holzapfel	Tusculum		Aubrey Morris	C-N	10/13	Jayce Watson	Wingate		Amber Hines	Wingate	10/20	Jayce Watson	Wingate		Alycia Andrade	Brevard
<u>DATE</u>	<u>PLAYER</u>	<u>SCHOOL</u>																																																			
9/2	Jayce Watson	Wingate																																																			
	Aubrey Morris	C-N																																																			
9/8	Jayce Watson	Wingate																																																			
	Aubrey Morris	C-N																																																			
9/15	Jayce Watson	Wingate																																																			
	Gennilee Eisenmann	L-R																																																			
9/22	Chris Haney	Catawba																																																			
	Olivia Jacobs	Catawba																																																			
9/29	Jayce Watson	Wingate																																																			
	Aubrey Morris	C-N																																																			
10/6	Simon Holzapfel	Tusculum																																																			
	Aubrey Morris	C-N																																																			
10/13	Jayce Watson	Wingate																																																			
	Amber Hines	Wingate																																																			
10/20	Jayce Watson	Wingate																																																			
	Alycia Andrade	Brevard																																																			

ROCK HILL, S.C. -- Wingate University senior Jayce Watson and Brevard College senior Alycia Andrade were tabbed the South Atlantic Conference Male and Female Runners of the Week announced today.

Watson (Millersport, Ohio) won his fourth race of the 2008 season Thursday afternoon in the Wingate University Pre-Conference Invitational. The All-American candidate posted a 15:50 5K time to take the checkered flag. The Wingate University cross country program swept the team titles at the 2008 Wingate Pre-Conference Invitational Thursday afternoon at the WU Cross Country Facility. On the team leader board, the Wingate White team was victorious with 20 points. Seven schools and 39 student-athletes participated in the men's portion of this year's event.

Watson, the 2007 South Atlantic Conference Runner of the Year by virtue of his win at the Food Lion SAC meet, has received the honor of SAC Male Runner of the Week five times thus far in 2008.

Andrade (Somerset, Mass.) captured the women's title at the Wingate Pre-Conference Invitational Thursday afternoon on the campus of Wingate University. The senior finished the 5K course in a time of 20:07, 14 seconds ahead of Francis Marion's Kelly May. The individual victory is the first of the season for Andrade. It was the fourth-straight meet in which Andrade has finished in the top-four individually.

With the conference weekly award, Andrade becomes the first ever Brevard College student-athlete to receiver to be named the SAC Player of the Week.

The SAC Runner of the Week is determined by a vote of the sports information directors of the league.



The 2008 South Atlantic Conference Cross Country Report is provided for use in print and broadcast by media in North Carolina, South Carolina, and Tennessee throughout the season. Any additional information can be reached by contacting the SAC office or a SAC member school sports information office.

Food Lion is the title sponsor for all South Atlantic Conference championships.

2008 SAC MEN'S CROSS COUNTRY RESULTS

Brevard

		Results
9/6	Eye Opener, Spartanburg, S.C.	20th of 22
9/13	DuPont Challenge, Brevard, N.C.	2nd of 2
9/27	Greensboro Invitational, Greensboro, N.C.	8th of 11
10/3	Lenoir-Rhyne Invitational, Hickory, N.C.	5th of 7
10/16	Wingate Invitational, Wingate, N.C.	5th of 5
10/27	Food Lion SAC Championships, Irmo, S.C.	
11/8	D2 Southeast Regional, Wingate, N.C.	

Carson-Newman

		Results
8/30	Tusculum Invitational, Greeneville, TN	3rd of 5
9/6	Eye Opener, Spartanburg, SC	14th of 22
9/20	Fleet Feet Sports Invitational, Huntsville, AL	9th of 10
9/27	The Citadel Invitational, Charleston, SC	9th of 11
10/4	Belmont Abbey Invitational, Belmont, NC	
10/25	Food Lion SAC Championship, Irmo, SC	

Catawba

		Results
8/29	Gamecock Invitational, Columbia, SC	DNS
9/6	Eye Opener, Spartanburg, SC	19th of 22
9/13	Wingate Invitational, Wingate, NC	DNS
9/20	Limestone Invitational, Gaffney, SC	5th of 8
10/3	Lenoir-Rhyne Invitational, Hickory, NC	DNS
10/16	Wingate Invitational, Wingate, NC	DNS
10/25	Food Lion SAC Championships, Irmo, SC	
11/8	NCAA DII Regional Meet, Wingate, NC	

Lenoir-Rhyne

		Results
9/6	Eye Opener Invitational, Spartanburg, S.C.	8th of 22
9/13	Bojangles' Invitational, Charlotte, N.C.	8th of 9
9/27	The Citadel Invitational, Charleston, S.C.	5th of 11
10/3	Lenoir-Rhyne Invitational, Newton, N.C.	3rd of 7
10/17	Blue Ridge Mountain Open, Boone, N.C.	24th of 26
10/25	Food Lion SAC Championships, Irmo, S.C.	
11/8	NCAA Division II Southeast Regionals, Wingate, N.C.	

Lincoln Memorial

		Results
8/30	Tusculum Invitational, Greeneville, TN	DNS
9/6	Sewanee Invitational, Sewanee, TN	DNS
9/20	Fleet Feet / Earl Jacoby Invitational, Huntsville, AL	6th of 10
9/27	The Citadel Invitational, Charleston, SC	DNS
10/18	UE Invitational, Evansville, IN	17th of 22
10/25	Food Lion SAC Championship, Irmo, SC	

Mars Hill

		Results
8/29	Covered Bridge Open, Boone, NC	7th of 12
9/6	Eye Opener, Spartanburg, SC	1st of 22
9/13	NCAA D-II S.E. Pre-Region, Wingate, NC	2nd of 12
10/4	Greater Louisville Classic, Louisville, KY	DNS
10/17	Blue Ridge Open, Boone, NC	12th of 26
10/25	Food Lion SAC Championships, Irmo, SC	
11/8	NCAA DII Southeast Region, Wingate, NC	

Newberry

		Results
8/29	Western Carolina Invitational, Cullowhee, N.C.	5th of 6
9/6	Eye Opener Invitational, Spartanburg	16th of 22
9/13	Wingate Invitational, Wingate, N.C.	DNS
9/20	Limestone Invitational, Gaffney	6th of 8
9/27	Augusta State Invitational, Augusta, Ga.	
10/11	Anderson Invitational, Anderson, SC	DNS
10/25	Food Lion SAC Championship, Irmo, SC	

Tusculum

		Results
8/30	Tusculum Invitational, Greeneville, TN	4th of 5
9/6	Eye Opener Invitational, Spartanburg, SC	13th of 22
10/3	Lenoir-Rhyne Invitational, Hickory, NC	4th of 7
10/18	Winthrop Invitational, Rock Hill, SC	5th of 8
10/25	Food Lion SAC Championship	
11/8	NCAA II Southeast Regional, Wingate, NC	

Wingate

		Results
8/29	Wake Forest Relays, Winston-Salem, NC	4th of 5
9/6	Eye Opener Invitational, Spartanburg, S.C.	3rd of 22
9/13	Wingate Invitational, Wingate, NC	3rd of 12
9/27	Greensboro Cross Country Invitational, Greensboro, NC	1st of 11
10/4	NCAA Division II Pre-National Meet, Slippery Rock, Pa.	9th of 22
10/11	Anderson Invitational, Anderson, S.C.	2nd of 6
10/16	Wingate Pre-Conference Invitational	1st of 5
10/25	Food Lion SAC Championship, Irmo, S.C.	
11/8	NCAA Division II Southeast Regional, Wingate, NC	

United States Track and Field
Cross Country Coaches As-
sociation (USTFCCCA).

Men's Poll

- Adams State
- Abilene Christian
- Harding
- Chico State
- Colorado School of Mines
- Western State
- Alaska Anchorage
- Queens (NC)
- UMass Lowell
- Grand Valley State
- Edinboro
- Southern Indiana
- Western Washington
- Stonehill
- Missouri Southern State
- Ashland
- Northern Kentucky
- UC San Diego
- Pittsburg State
- Minnesota State
- Southwest Baptist
- Drury
- Southern Connecticut
- East Central
- Lock Haven

2008 SAC WOMEN'S CROSS COUNTRY RESULTS

Brevard

Results

9/6	Eye Opener, Spartanburg, S.C.	18th of 25
9/13	DuPont Challenge, Brevard, N.C.	2nd of 2
9/27	Greensboro Invitational, Greensboro, N.C.	7th of 12
10/3	Lenoir-Rhyne Invitational, Hickory, N.C.	DNS
10/16	Wingate Invitational, Wingate, N.C.	DNS
10/27	Food Lion SAC Championships, Irmo, S.C.	
11/8	D2 Southeast Regional, Wingate, N.C.	

Carson-Newman

Results

8/30	Tusculum Invitational, Greeneville, TN	1st of 4
9/6	Eye Opener, Spartanburg, SC	4th of 25
9/20	Fleet Feet Sports Invitational, Huntsville, AL	5th of 12
9/27	The Citadel Invitational, Charleston, SC	7th of 14
10/4	Belmont Abbey Invitational, Belmont, NC	2nd of 7
10/11	Anderson Invitational, Anderson, SC	DNS
10/25	Food Lion SAC Championship, Irmo, SC	

Catawba

Results

8/29	Gamecock Invitational, Columbia, SC	2nd of 6
9/6	Eye Opener, Spartanburg, SC	7th of 25
9/13	Wingate Invitational, Wingate, NC	7th of 16
9/20	Limestone Invitational, Gaffney, SC	2nd of 9
10/3	Lenoir-Rhyne Invitational, Hickory, NC	4th of 6
10/16	Wingate Invitational, Wingate, NC	2nd of 6
10/25	Food Lion SAC Championships, Irmo, SC	
11/8	NCAA DII Regional Meet, Wingate, NC	

Lenoir-Rhyne

Results

9/6	Eye Opener Invitational, Spartanburg, S.C.	1st of 25
9/13	Bojangles' Invitational, Charlotte, N.C.	5th of 9
9/27	The Citadel Invitational, Charleston, S.C.	4th of 14
10/3	Lenoir-Rhyne Invitational, Newton, N.C.	1st of 6
10/17	Blue Ridge Mountain Open, Boone, N.C.	17th of 26
10/25	Food Lion SAC Championships, Irmo, S.C.	
11/8	NCAA Division II Southeast Regionals, Wingate, N.C.	

Lincoln Memorial

Results

9/6	Sewanee Invitational, Sewanee, TN	
9/20	Fleet Feet / Earl Jacoby Invitational, Huntsville, AL	DNS
9/27	Citadel Invitational, Charleston, SC	DNS
10/18	UE Invitational, Evansville, IN	DNS
10/25	Food Lion SAC Championship, Irmo, SC	

Mars Hill

Results

8/29	Covered Bridge Open, Boone, NC	9th of 11
9/6	Eye Opener, Spartanburg, SC	8th of 25
9/13	Wingate Invitational, Wingate, NC	5th of 16
10/4	Greater Louisville Classic, Louisville, KY	32nd of 32
10/17	Blue Ridge Open, Boone, NC	DNS
10/25	Food Lion SAC Championships, Irmo, SC	
11/8	NCAA DII Southeast Region, Wingate, NC	

Newberry

Results

9/1	Connie Maxwell, Greenwood, SC	5th of 6
9/6	Eye Opener Invitational, Spartanburg, SC	20th of 25
9/15	Wingate Invitational, Wingate, NC	15th of 16
9/22	Limestone Invitational, Gaffney, SC	DNS
9/27	Augusta State Invitational, Augusta, Ga.	7th of 9
10/11	Anderson Invitational, Anderson, SC	10th of 11
10/20	Food Lion SAC Championships, Salisbury, NC	
11/3	NCAA II Regionals, Wingate, NC	
11/17	NCAA Championship, Joplin, MO	

Tusculum

Results

8/30	Tusculum Invitational, Greeneville, TN	4th of 4
9/6	Eye Opener Invitational, Spartanburg, SC	19th of 25
9/27	The Citadel Invitational, Charleston, SC	13th of 13
10/3	Lenoir-Rhyne Invitational, Hickory, NC	5th of 6
10/18	Winthrop Invitational, Rock Hill, SC	6th of 6
10/25	Food Lion SAC Championship	
11/8	NCAA II Southeast Regional, Wingate, NC	

Wingate

Results

8/29	Wake Forest Relays, Winston-Salem, NC	4th of 5
9/6	Eye Opener Invitational, Spartanburg, S.C.	3rd of 25
9/13	Wingate Invitational, Wingate, NC	2nd of 16
9/27	Greensboro Cross Country Invitational, Greensboro, NC	2nd of 12
10/4	NCAA Division II Pre-National Meet, Slippery Rock, Pa.	19th of 29
10/11	Anderson Invitational, Anderson, S.C.	2nd of 11
10/16	Wingate Pre-Conference Invitational	1st of 6
10/25	Food Lion SAC Championship, Irmo, S.C.	
11/8	NCAA Division II Southeast Regional, Wingate, NC	

United States Track and Field
Cross Country Coaches As-
sociation (USTFCCCA).

Women's Poll

- Adams State
- Grand Valley State
- Augustana (SD)
- Chico State
- Western State
- Shippensburg
- Southern Indiana
- Tampa
- Missouri Southern State
- Harding

- Findlay
- Edinboro
- Kutztown
- Slippery Rock
- Cal State Los Angeles
- Minnesota Duluth
- Seattle Pacific
- Wayne State (MI)
- Alaska Anchorage
- Wisconsin-Parkside
- UC San Diego
- Dallas Baptist
- Mesa State
- Alabama Huntsville
- Pittsburg State