

# THE SOUTH ATLANTIC CONFERENCE

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## 2009 VOLLEYBALL REPORT - WEEK 4

### 2008 SOUTH ATLANTIC CONFERENCE VOLLEYBALL STANDINGS (Through matches played on Sunday, September 20)

TEAM	SAC	PCT	ALL	PCT	H	A	N	ST
Wingate	3-0	1.000	14-1	.933	4-0	4-0	6-1	W2
Lenoir-Rhyne	1-0	1.000	13-2	.867	5-0	4-0	4-2	W2
Lincoln Memorial	2-0	1.000	10-2	.833	4-0	2-0	4-2	W5
Carson-Newman	1-1	.500	7-5	.583	4-1	1-2	2-2	W1
Mars Hill	1-2	.333	7-4	.636	2-2	2-0	3-2	L2
Catawba	1-2	.333	7-5	.583	1-1	1-2	5-2	L1
Newberry	1-2	.333	9-7	.563	0-0	2-4	7-3	L2
Tusculum	1-2	.333	7-6	.538	4-2	0-1	3-3	W1
Brevard	0-2	.000	7-3	.700	2-3	3-0	2-0	W1

#### LAST WEEK'S RESULTS

**Tuesday, September 15**  
LINCOLN MEMORIAL UNIV. 3, CARSON-NEWMAN 0 (25-23, 25-21, 25-19)  
NEWBERRY 3, BREVARD 0 (25-20, 25-21, 25-17)  
MARS HILL 3, TUSCULUM 0 (28-26, 25-23, 25-17)

**Thursday, September 17**  
Lenoir-Rhyne 3, Montreat 0 (25-20, 25-21, 25-19)

**Friday, September 18**  
LINCOLN MEMORIAL UNIV. 3, NEWBERRY 1 (26-28, 25-14, 25-15, 25-21)  
CATAWBA 3, MARS HILL 1 (25-19, 25-20, 20-25, 25-17)  
WINGATE 3, TUSCULUM 0 (25-22, 25-19, 25-18)

**Saturday, September 19**  
CARSON-NEWMAN 3, NEWBERRY 1 (21-25, 25-22, 25-16, 31-29)  
TUSCULUM 3, CATAWBA 0 (25-16, 25-16, 25-23)  
Lincoln Memorial Univ. 3, Tennessee Wesleyan 0 (25-7, 25-5, 25-12)  
WINGATE 3, MARS HILL 0 (25-13, 25-14, 25-9)  
Brevard 3, Coker 1

#### THIS WEEK'S SCHEDULE

**Tuesday, September 22**  
TUSCULUM AT CARSON-NEWMAN, 6:30 p.m.  
MARS HILL AT LINCOLN MEMORIAL UNIV., 6:30 p.m.  
Lenoir-Rhyne at Lees-McRae, 7 p.m.

**Wednesday, September 23**  
BREVARD AT WINGATE, 7 p.m.

**Friday, September 25**  
Queens Univ. of Charlotte at Brevard, 6:30 p.m.  
MARS HILL AT NEWBERRY, 7 p.m.  
Tusculum at Converse, 7 p.m.  
LENOIR-RHYNE AT CATAWBA, 7 p.m.

**Saturday, September 26**  
BREVARD AT CATAWBA, 3 p.m.  
TUSCULUM AT NEWBERRY, 5 p.m.  
LENOIR-RHYNE AT WINGATE, 5 p.m.



## LMU's Richardson, Kiwacka named SAC Players of the Week



**ROCK HILL, S.C.** — Lincoln Memorial University outside hitter Candace Richardson and setter Lauren Kiwacka have been named Volleyball Player and Specialist of the Week, the league announced Monday.

Last week, Richardson's efforts were instrumental in the Lady Railsplitters taking three consecutive wins including two wins over South Atlantic Conference opponents Carson-Newman College and Newberry College. Richardson, a sophomore from Houston, Texas, turned in a career a career-high 15 kills against league opponent Newberry College on Friday evening in LMU's 3-1 win. She also had 11 kills against Carson-Newman.

Kiwacka, a junior from Tipp City, Ohio, had a triple double Friday evening against league opponent Newberry College when she had 10 kills, 28 assists and 14 digs. She also had 19 assists and nine digs in a win over Carson-Newman. The victory over the Lady Eagles is LMU's third consecutive win over the Carson-Newman program dating back to November 14, 2008.

The Lady Railsplitters are now 10-2 and 2-0 in the South Atlantic Conference.

### 2009 SAC VOLLEYBALL PLAYERS OF THE WEEK

DATE	PLAYER	POS	SCHOOL				
8/31	Lauren Billo	OH	Wingate	9/21	Candace Richardson	OH	LMU
	Liz Willis	S	Wingate		Lauren Kiwacka	S	LMU
9/8	Katelin Wensley	OH	Lenoir-Rhyne				
	Meredith Lutz	S	Lenoir-Rhyne				
9/14	Stormi Gale	MB	Wingate				
	Maggie Malone	Lib	Wingate				

The 2009 South Atlantic Conference Volleyball Report is provided for use in print and broadcast by media in North Carolina, South Carolina, and Tennessee throughout the season. Any additional information can be reached by contacting the SAC office or a SAC member school sports information office.



**Food Lion is the title sponsor for all South Atlantic Conference championships.**

# 2009 SAC VOLLEYBALL RESULTS

## BREVARD (0-2 SAC, 7-3)

DATE	OPPONENT	RESULT
8/29	vs. Mountain State (at Montreat, NC)	W, 3-0
	vs. Reinhardt (at Montreat, NC)	W, 3-1
	at Montreat	W, 3-1
9/2	at Belmont Abbey	W, 3-0
9/5	Southern Wesleyan	L, 2-3
9/8	LENOIR-RHYNE	L, 2-3
9/12	Converse	W, 3-1
	North Greenville	W, 3-2
9/15	NEWBERRY	L, 0-3
9/19	at Coker	W, 3-1
9/23	AT WINGATE	7 pm
9/25	Queens Univ. of Charlotte	6:30 pm
9/26	AT CATAWBA	3 pm
9/29	at North Greenville	7 pm
10/2	LINCOLN MEMORIAL UNIV.	6 pm
10/3	CARSON-NEWMAN	1 pm
10/7	Montreat	7 pm
10/9	MARS HILL	7 pm
10/10	TUSCULUM	1 pm
10/13	AT NEWBERRY	7 pm
10/16	AT LENOIR-RHYNE	7 pm
10/21	WINGATE	7 pm
10/24	CATAWBA	2 pm
10/27	at King (Tenn.)	6:30 pm
10/30	AT LINCOLN MEMORIAL UNIV.	6:30 pm
10/31	AT CARSON-NEWMAN	3 pm
11/3	AT TUSCULUM	7 pm
11/6	AT MARS HILL	7 pm
11/7	Columbia (S.C.)	2 pm
11/13	Food Lion SAC Tournament	TBA
11/14	Food Lion SAC Tournament	TBA
11/15	Food Lion SAC Tournament	1 pm

SAC matches in all CAPS

## CARSON-NEWMAN (1-1 SAC, 7-5)

DATE	OPPONENT	RESULT
8/28	Glenville St.	W, 3-0
	Francis Marion	W, 3-1
8/29	Texas A&M-Kingsville	L, 0-3
	Charleston (W.Va.)	W, 3-0
9/1	at King (Tenn.)	L, 0-3
9/4	vs. Mount Olive (at Banner Elk, NC)	W, 3-0
	vs. Flagler (at Banner Elk, NC)	L, 0-3
9/5	at Lees-McRae	W, 3-1
	vs. West Alabama (at Banner Elk, NC)	L, 0-3
9/12	vs. Anderson (S.C.) (at Harrogate, TN)	W, 3-1
9/15	AT LINCOLN MEMORIAL UNIV.	L, 0-3
9/19	NEWBERRY	W, 3-1
9/22	TUSCULUM	6:30 pm
9/29	MARS HILL	6:30 pm
10/2	AT LENOIR-RHYNE	6:30 pm
10/3	AT BREVARD	1 pm
10/9	WINGATE	6:30 pm
10/10	CATAWBA	11:30 am
10/13	LINCOLN MEMORIAL UNIV.	6:30 pm
10/17	AT NEWBERRY	3 pm
10/20	AT TUSCULUM	6:30 pm
10/23	Queens Univ. of Charlotte	6 pm
10/24	Montevallo	10:30 am
	West Georgia	1 pm
10/27	AT MARS HILL	7 pm
10/30	LENOIR-RHYNE	6:30 pm
10/31	BREVARD	3 pm
11/3	King (Tenn.)	6:30 pm
11/6	AT WINGATE	7 pm
11/7	AT CATAWBA	3 pm
11/13	Food Lion SAC Tournament	TBA
11/14	Food Lion SAC Tournament	TBA
11/15	Food Lion SAC Tournament	1 pm

SAC matches in all CAPS

## CATAWBA (1-2 SAC, 7-5)

DATE	OPPONENT	RESULT
8/28	vs. Fayetteville St. (at Hickory, NC)	W, 3-0
	vs. UNC Pembroke (at Hickory, NC)	W, 3-1
8/29	vs. Limestone (at Hickory, NC)	W, 3-2
	vs. Belmont Abbey (at Hickory, NC)	W, 3-0
9/4	vs. Augusta State (at Aiken, SC)	W, 3-0
	vs. Florida tech (at Aiken, SC)	L, 1-3
9/5	vs. Armstrong Atlantic St. (at Aiken, SC)	L, 2-3
	at USC Aiken	L, 1-3
9/8	WINGATE	L, 0-3
9/10	Pfeiffer	W, 3-1
9/18	AT MARS HILL	W, 3-1
9/19	AT TUSCULUM	L, 0-3
9/25	LENOIR-RHYNE	7 pm
9/26	BREVARD	2 pm
10/2	AT NEWBERRY	7 pm
10/3	at Lander	2 pm
10/9	AT LINCOLN MEMORIAL UNIV.	6:30 pm
10/10	AT CARSON-NEWMAN	11:30 am
10/13	AT WINGATE	7 pm
10/16	MARS HILL	7 pm
10/17	TUSCULUM	2 pm
10/21	AT LENOIR-RHYNE	7 pm
10/24	AT BREVARD	2 pm
10/30	NEWBERRY	7 pm
11/6	LINCOLN MEMORIAL UNIV.	6:30 pm
11/7	CARSON-NEWMAN	5 pm
11/13	Food Lion SAC Tournament	TBA
11/14	Food Lion SAC Tournament	TBA
11/15	Food Lion SAC Tournament	1 pm

SAC matches in all CAPS

## LENOIR-RHYNE (1-0 SAC, 13-2)

DATE	OPPONENT	RESULT
8/27	King (Tenn.)	W, 3-2
8/28	Belmont Abbey	W, 3-0
	Coker	W, 3-0
8/29	UNC Pembroke	W, 3-1
	Pfeiffer	W, 3-0
9/4	at Francis Marion	W, 3-0
	vs. Erskine (at Florence, SC)	W, 3-1
9/5	vs. Charleston (W.Va.) (at Florence, SC)	W, 3-1
	vs. UNC Pembroke (at Florence, SC)	W, 3-1
9/8	AT BREVARD	W, 3-2
9/11	vs. Augusta St. (at Gaffney, SC)	L, 1-3
	vs. Mount Olive (at Gaffney, SC)	W, 3-1
9/12	vs. USC Aiken (at Gaffney, SC)	L, 0-3
	at Limestone	W, 3-1
9/17	at Montreat	W, 3-0
9/22	at Lees-McRae	7 pm
9/25	AT CATAWBA	7 pm
9/26	AT WINGATE	5 pm
10/2	CARSON-NEWMAN	6:30 pm
10/3	LINCOLN MEMORIAL UNIV.	2 pm
10/6	AT MARS HILL	7 pm
10/9	TUSCULUM	7 pm
10/10	NEWBERRY	Noon
10/13	Lander	7 pm
10/16	BREVARD	7 pm
10/17	at Belmont Abbey	2 pm
10/21	CATAWBA	7 pm
10/23	AT TUSCULUM	7 pm
10/27	WINGATE	7 pm
10/30	AT CARSON-NEWMAN	6:30 pm
10/31	AT LINCOLN MEMORIAL UNIV.	3 pm
11/3	MARS HILL	2 pm
11/7	AT NEWBERRY	2 pm
11/13	Food Lion SAC Tournament	TBA
11/14	Food Lion SAC Tournament	TBA
11/15	Food Lion SAC Tournament	1 pm

SAC matches in all CAPS

## LINCOLN MEMORIAL (2-0 SAC, 10-2)

DATE	OPPONENT	RESULT
8/28	vs. Francis Marion (at Jefferson City, TN)	L, 1-3
	vs. Glenville St. (at Jefferson City, TN)	W, 3-1
8/29	vs. Charleston (W.Va.) (at Jefferson City, TN)	W, 3-0
	vs. Davis and Elkins (at Jefferson City, TN)	W, 3-0
9/4	at Lees-McRae	W, 3-1
	vs. Mount Olive (at Banner Elk, NC)	W, 3-0
9/5	vs. West Alabama (at Banner Elk, NC)	L, 0-3
9/8	at Kentucky St.	W, 3-0
9/12	Anderson (S.C.)	W, 3-0
9/15	CARSON-NEWMAN	W, 3-0
9/18	NEWBERRY	W, 3-1
9/19	Tennessee Wesleyan	W, 3-0
9/22	MARS HILL	6:30 pm
9/29	AT TUSCULUM	6:30 pm
10/2	AT BREVARD	6 pm
10/3	AT LENOIR-RHYNE	2 pm
10/9	CATAWBA	6:30 pm
10/10	WINGATE	4 pm
10/13	AT CARSON-NEWMAN	6:30 pm
10/16	AT NEWBERRY	7 pm
10/17	vs. Chowan (at Tigerville, SC)	2 pm
	at North Greenville	4 pm
10/20	AT MARS HILL	7 pm
10/23	vs. Queens (at Jefferson City, TN)	3:30 pm
	vs. Montevallo (at Jefferson City, TN)	6 pm
10/27	TUSCULUM	6:30 pm
10/30	BREVARD	6:30 pm
10/31	LENOIR-RHYNE	3 pm
11/6	AT CATAWBA	6:30 pm
11/7	AT WINGATE	4 pm
11/13	Food Lion SAC Tournament	TBA
11/14	Food Lion SAC Tournament	TBA
11/15	Food Lion SAC Tournament	1 pm

SAC matches in all CAPS

## MARS HILL (1-2 SAC, 7-4)

DATE	OPPONENT	RESULT
8/28	vs. Virginia St. (at Anderson, SC)	W, 3-0
8/29	vs. North Greenville (at Anderson, SC)	W, 3-0
	vs. West Alabama (at Anderson, SC)	L, 0-3
9/1	Milligan	W, 3-1
9/4	vs. North Greenville (at Gaffney, SC)	W, 3-0
9/5	vs. Lander (at Gaffney, SC)	L, 1-3
	at Limestone	W, 3-0
9/9	at Queens Univ. of Charlotte	W, 3-0
9/15	TUSCULUM	W, 3-0
9/18	CATAWBA	L, 1-3
9/19	WINGATE	L, 0-3
9/22	AT LINCOLN MEMORIAL UNIV.	6:30 pm
9/25	AT NEWBERRY	7 pm
9/29	AT CARSON-NEWMAN	6:30 pm
10/2	North Greenville	7 pm
10/6	LENOIR-RHYNE	7 pm
10/9	AT BREVARD	7 pm
10/13	AT TUSCULUM	7 pm
10/16	AT CATAWBA	7 pm
10/17	AT WINGATE	5 pm
10/20	LINCOLN MEMORIAL UNIV.	7 pm
10/23	NEWBERRY	7 pm
10/27	CARSON-NEWMAN	7 pm
10/29	at Montreat	7 pm
10/31	at Milligan	2 pm
11/3	AT LENOIR-RHYNE	7 pm
11/6	BREVARD	7 pm
11/13	Food Lion SAC Tournament	TBA
11/14	Food Lion SAC Tournament	TBA
11/15	Food Lion SAC Tournament	1 pm

SAC matches in all CAPS

# 2009 SAC VOLLEYBALL RESULTS (page 2)

## NEWBERRY (1-2 SAC, 9-7)

DATE	OPPONENT	RESULT
8/28	vs. Augusta St. (at Greenville, TN)	L, 1-3
	vs. Mount Olive (at Greenville, TN)	W, 3-0
8/29	vs. Northern Kentucky (at Greenville, TN)	L, 1-3
	vs. Converse (at Greenville, TN)	W, 3-1
9/4	vs. Pfeiffer (at Gaffney, SC)	W, 3-0
	vs. North Greenville (at Gaffney, SC)	W, 3-0
9/5	at Limestone	L, 2-3
	vs. Coker (at Gaffney, SC)	W, 3-1
9/8	at Lander	L, 1-3
9/11	vs. West Georgia (at Huntsville, AL)	W, 3-1
	vs. Harding (at Huntsville, AL)	L, 0-3
9/12	vs. Christian Brothers (at Huntsville, AL)	W, 3-0
	at Alabama-Huntsville	W, 3-2
9/15	AT BREVARD	W, 3-0
9/18	AT LINCOLN MEMORIAL UNIV.	L, 1-3
9/19	AT CARSON-NEWMAN	L, 1-3
9/25	MARS HILL	7 pm
9/26	TUSCULUM	2 pm
9/30	at North Greenville	8 pm
10/2	CATAWBA	7 pm
10/3	WINGATE	2 pm
10/7	Belmont Abbey	7 pm
10/10	AT LENOIR-RHYNE	Noon
10/13	BREVARD	7 pm
10/16	LINCOLN MEMORIAL UNIV.	7 pm
10/17	CARSON-NEWMAN	3 pm
10/23	AT MARS HILL	7 pm
10/24	AT TUSCULUM	2 pm
10/30	AT CATAWBA	7 pm
10/31	AT WINGATE	5 pm
11/6	North Greenville	7 pm
11/7	LENOIR-RHYNE	2 pm
11/10	at USC Aiken	7 pm
11/13	Food Lion SAC Tournament	TBA
11/14	Food Lion SAC Tournament	TBA
11/15	Food Lion SAC Tournament	1 pm

SAC matched in all CAPS

## TUSCULUM (1-2 SAC, 7-6)

DATE	OPPONENT	RESULT
8/28	Converse	W, 3-0
	Augusta St.	L, 2-3
8/29	Mount Olive	W, 3-0
	Northern Kentucky	W, 3-1
9/4	vs. West Alabama (at Banner Elk, NC)	L, 0-3
9/5	vs. Flagler (at Banner Elk, NC)	L, 0-3
	vs. Mount Olive (at Banner Elk, NC)	W, 3-0
9/11	vs. USC Aiken (at Gaffney, SC)	L, 2-3
9/12	vs. Mount Olive (at Gaffney, SC)	W, 3-0
	vs. Augusta St. (at Gaffney, SC)	W, 3-2
9/15	AT MARS HILL	L, 0-3
9/18	WINGATE	L, 0-3
9/19	CATAWBA	W, 3-0
9/22	AT CARSON-NEWMAN	6:30 pm
9/25	at Converse	7 pm
9/26	AT NEWBERRY	2 pm
9/29	LINCOLN MEMORIAL UNIV.	6:30 pm
10/2	at Limestone	7 pm
10/3	at St. Andrews Presbyterian	3 pm
10/6	Lees-McRae	7 pm
10/9	AT LENOIR-RHYNE	7 pm
10/10	AT BREVARD	1 pm
10/13	MARS HILL	7 pm
10/16	AT WINGATE	7 pm
10/17	AT CATAWBA	2 pm
10/20	CARSON-NEWMAN	6:30 pm
10/23	LENOIR-RHYNE	7 pm
10/24	NEWBERRY	2 pm
10/27	AT LINCOLN MEMORIAL UNIV.	6:30 pm
11/3	BREVARD	7 pm
11/6	Virginia Intermont	7 pm
11/13	Food Lion SAC Tournament	TBA
11/14	Food Lion SAC Tournament	TBA
11/15	Food Lion SAC Tournament	1 pm

SAC matches in all CAPS

## WINGATE (3-0 SAC, 14-1)

DATE	OPPONENT	RESULT
8/28	vs. Pfeiffer (at Hickory, NC)	W, 3-1
	vs. Limestone (at Hickory, NC)	W, 3-0
8/29	vs. Elizabeth City St. (at Hickory, NC)	W, 3-0
	vs. Coker (at Hickory, NC)	W, 3-0
9/4	St. Augustine's	W, 3-0
	Anderson (S.C.)	W, 3-0
9/5	Anderson (S.C.)	W, 3-0
	St. Augustine's	W, 3-0
9/8	AT CATAWBA	W, 3-0
9/11	vs. Queens (at Savannah, Ga.)	W, 3-0
	at Armstrong Atlantic St.	W, 3-0
9/12	vs. Flagler (at Savannah, Ga.)	W, 3-2
	vs. Barry (at Savannah, Ga.)	L, 2-3
9/18	AT TUSCULUM	W, 3-0
9/19	AT MARS HILL	W, 3-0
9/23	BREVARD	7 pm
9/26	LENOIR-RHYNE	5 pm
9/29	USC Aiken	7 pm
10/3	AT NEWBERRY	1:30 pm
10/9	AT CARSON-NEWMAN	6:30 pm
10/10	AT LINCOLN MEMORIAL UNIV.	4 pm
10/13	CATAWBA	7 pm
10/16	TUSCULUM	7 pm
10/17	MARS HILL	5 pm
10/18	Pfeiffer	7 pm
10/21	AT BREVARD	7 pm
10/24	at Lander	11 am
	vs. Francis Marion (at Greenwood, SC)	5 pm
10/27	AT LENOIR-RHYNE	7 pm
10/31	NEWBERRY	5 pm
11/6	CARSON-NEWMAN	7 pm
11/7	LINCOLN MEMORIAL UNIV.	4 pm
11/13	Food Lion SAC Tournament	TBA
11/14	Food Lion SAC Tournament	TBA
11/15	Food Lion SAC Tournament	1 pm

SAC matches in all CAPS

## American Volleyball Coaches Association Poll

September 14, 2009

Rank	School (1st Votes)	Total Points	2009 Record	Previous
1	Concordia-St. Paul (32)	800	11-0	1
2	Cal State San Bernardino	768	9-0	2
3	Emporia State	731	10-0	3
4	UC San Diego	692	10-1	4
5	Tampa	665	9-1	5
6	Washburn	637	12-0	6
7	West Texas A&M	602	11-2	7
8	Nebraska-Kearney	569	11-1	9
9	Indianapolis	526	14-0	13
10	Southwest Minnesota State	512	10-2	12
11	Central Missouri	474	10-3	8
12	Minnesota Duluth	424	7-3	10
13	Sonoma State	410	10-0	T-15
14	Minnesota State	357	10-2	T-15
15	Florida Southern	313	7-4	11
16	Metro State	291	8-2	14
17	Lewis	274	9-3	20
18	West Florida	213	6-7	19
19	Truman	199	9-3	21
20	Nebraska-Omaha	175	10-3	23
21	Eckerd	159	6-3	22
22	Pittsburg State	118	9-3	NR
23	Nova Southeastern	100	8-4	17
24	Chico State	77	11-1	NR
25	Hawai'i-Hilo	65	10-0	NR

Others Receiving Votes and listed on two or more ballots: Wayne State (Mich.) 46; Western Washington 40; Grand Valley State 30; Hillsdale 25; Saint Leo 25; Ferris State 17; Wingate 16; Wayne State (Neb.) 15; Lynn 13; Saginaw Valley State 7



SOUTH ATLANTIC CONFERENCE  
CHAMPIONSHIPS